

# Welcome to Winnipeg, CYM!

## Walkable

from Canadian Mennonite University,  
(30 min. walking/5 min. driving):

**Assiniboine Forest**—the trail head is at 3000 Grant Avenue (Grant Avenue and Chalfont Rd), though you can find your way into the forest from the skirts of the CMU campus. Google Assiniboine Forest.

**Assiniboine Park** is a five minute walk north down Shaftsbury Boulevard. See the free attractions: English Gardens, Leo Mol Statue Garden, Nature Playground.  
[www.assiniboinepark.ca](http://www.assiniboinepark.ca)

**The Leaf Conservatory** is in Assiniboine Park too; browse through the free outdoor prairie gardens or check out the indoor conservatory for an entrance fee.  
[www.assiniboinepark.ca/leaf/lifegrows](http://www.assiniboinepark.ca/leaf/lifegrows)

**The Assiniboine Park Zoo** offers acres of outdoor environments and the stunning Journey to Churchill installation.  
[www.assiniboinepark.ca/zoo/visit/hours-and-rates](http://www.assiniboinepark.ca/zoo/visit/hours-and-rates)



## 10-minute Drive

from Canadian Mennonite University:

**Fort Whyte Alive** a 660 hectare installation devoted to environmental education and outdoor recreation.  
[www.fortwhyte.org](http://www.fortwhyte.org)

## Further Afield

Speaking of Fort Whyte Alive, consider checking into the **Winnipeg Attractions Pass** ([www.tourismwinnipeg.com/deals-and-passes/winnipeg-attractions-pass](http://www.tourismwinnipeg.com/deals-and-passes/winnipeg-attractions-pass)) which gives you reduced-rate access to five signature Winnipeg experiences:

- **Manitoba Museum and Planetarium**  
[www.manitobamuseum.ca](http://www.manitobamuseum.ca)
- **Canadian Museum for Human Rights** [www.humanrights.ca](http://www.humanrights.ca)
- **Royal Aviation Museum of Western Canada**  
[www.royalaviationmuseum.com](http://www.royalaviationmuseum.com)
- **Royal Canadian Mint**  
[www.mint.ca](http://www.mint.ca)
- **Fort Whyte Alive**  
[www.fortwhyte.org](http://www.fortwhyte.org)



## The Forks downtown

[www.theforks.com](http://www.theforks.com)

Walk through Niizhoziibe (pronounced Nee-zho-zhi-been and meaning two rivers in Ojibway) the point of land rehabilitated to honour our city's Indigenous heritage and its prominent place alongside the Red and Assiniboine Rivers. See the Niimaamaa sculpture ("my mother"). Stop in at Agowidiwinan Centre, the Manitoba Treaty Relations Commission's learning centre that teaches about treaties through visual and interactive tools. Check out the Forks Market, take a water taxi, or visit the Children's Museum

From the Forks, walk southward over the Riel Esplanade into St. Boniface, where you'll find the **St Boniface Museum** [msbm.mb.ca](http://msbm.mb.ca). Louis Riel rests in the nearby St. Boniface Cathedral Cemetery. Contact the Louis Riel Institute to join in on historic metis walking or bus tours [www.louisrielinstitute.ca/metis-tours](http://www.louisrielinstitute.ca/metis-tours)

Northward from the Forks is **Winnipeg Historic Exchange District**, where many of the buildings still remember that Winnipeg was to have been the Chicago of the North. Check out a variety of different walking tours [www.exchangedistrict.org/historic-walking-tours-2/](http://www.exchangedistrict.org/historic-walking-tours-2/)

## Also...

### Winnipeg Folk Festival

The Gathering's timing this year can put you in Winnipeg in time to take in some of this world- renowned event in Birds Hill Park  
July 6 – 9, 2023  
[www.winnipegfolkfestival.ca](http://www.winnipegfolkfestival.ca)

